

What to Bring To Camp

Greetings Campers and Volunteers!

We are so excited you chose to join us for our 10th Helping Hands Mission Camp. Below are some things you may want to bring with you to ensure an awesome experience:

- ✓ Bible, pencil/pen, notepad
- ✓ Twin size air mattress or cot: we will be sleeping on the floor at the church.
 - Space is limited and we ask that you only bring a twin-size mattress unless you will be sharing the bed with others.
- ✓ Pillow(s), sheets, blankets
- ✓ Any medications you need to take during the week with instructions on time, dosage, etc. These will be kept locked up for safety and given when it is time by the nurse on duty
- ✓ Toiletries in a travel bag: toothpaste, toothbrush, deodorant, soap, shampoo, wash cloth and towel, feminine hygiene items. Please avoid bringing a hairdryer.
- ✓ A towel for bathing and swimming
- ✓ Small backpack or drawstring bag to carry items with you when you leave the church
- ✓ Sunscreen
- ✓ Insect Repellent
- ✓ Hat with a brim to shade your head and face
- ✓ Work Gloves

Work Clothing:

- ✓ Pants should be knee length or longer – shorts are not allowed on work sites. This will keep you safer and cleaner on the worksite.
- ✓ T-shirts only on work site. No tank tops, spaghetti straps or camis. T-shirts with the sleeves cut off are allowed.
- ✓ No sagging pants that need to be pulled up, you will need your hands for working. This clothing **WILL** get dirty with paint as well as grease, dirt, etc. Please don't work in your nice clothes
- ✓ ****Cover toe shoes**** to work in; this is a **Requirement** for safety

Play Clothing:

This clothing can be worn at night when we enjoy our activities. Please consider that you are representing a church youth group and dress appropriately: no spaghetti straps, short shorts (when arms are down by your sides, the shorts must not be shorter than your longest finger), low hanging pants, inappropriate language on shirts, etc.)

- ✓ Swimsuit: one piece is **Required**, you **Not** be allowed to swim if you ignore this rule. No bikinis or tankinis. This rule also applies to adults.
- ✓ Money: It is not necessary, but if you like you can bring a small amount to spend at night.
- ✓ Socks – bring an extra set in case we go bowling

If you have signed the Rules page, you know that **CELL PHONES** and **ELECTRONICS** are prohibited at camp for campers.

Each work site will have a cell phone available for use if there is an emergency. There will be a cell phone on all night if you need to reach your child. See the numbers below.

Parents, keep this list handy and call during the week of camp if you need to reach us:

Terry Stacey (757) 532-1261
Stephanie Jenkins (804) 824-8087

This is going to be an awesome experience for everyone involved. Let's all come prepared to watch what God makes possible this week.

Lord, thank you for the privilege of serving You during the Tenth Annual Helping Hands Mission Camp. May we be Your hands and feet to accomplish the work You have set aside for us during the week of July 13-18, 2014.